

***Benkara malabarica* (Lam.) Tirveng.**

Family : Rubiaceae

A shrubby member of Rubiaceae family, it quite well- distributed across the country and famous in multiple local names, but its culinary potential is still under-explored. The ripen fruits are edible but other culinary uses yet to be documented. It is quite likely to be consumed in some local remote pockets and the culture has not disseminated widely.

