



CEiBa newsletter enters into the fifth year now. We thank all our readers who encourage us to continue this endeavor and anticipate that their number and diversity will grow in the coming days. Also, researchers from different fronts will join hands to share their fact-laden stories of the interaction of humanity with their environment.

This issue brings us the first article on ethnomedicine i.e. the medicine system which has a deep association with folk or native people. Widespread across the world, it is receiving disproportionately high attention nowadays. The focus of the article is on the spatial and cultural variation of ethnomedicine in India. The author narrates how different ecosystems and peoples' preferences efficiently utilize the vast floral diversity of the country for healthcare. The vast assemblage prompts people either to diversify their plant usage against certain ailments or to encourage experimentation for multiple uses of a plant. The author also explores how a common connection exists in plant usage despite enormous environmental and cultural diversity prevailing in the country.

Our second article drives us to a discussion on sustainability issues in healthcare system. Healthcare as an essential service caters to millions of people worldwide. The daily chores in the system including service providers and beneficiaries generate carbon footprints at an alarming rate. Recognizing the fact, WHO recently emphasized implementing sustainable practices in the healthcare industry with a target of net-zero emission. The National Health Service (NHS) of the United Kingdom is at the forefront of this program. The author introduces the concept and explains its implementation strategy in the United Kingdom.

The wild food section tells us about *Trevasia*, *Trianthema*, *Urtica*, and *Xanthium*. Be unique, or common in appearance, with stinging hairs, or prickly seeds, their culinary potential is hitherto unknown to many of us. There are multiple mouth-watering recipes including leafy vegetable, soup, tea, coolant, etc for foodies to relish! .

Likewise, a bunch of mini-articles or snippets are there for readers attention like, a living fishing tool with its history and current practices, application of flowers as non-chemical pesticide gun, and teasing apart the advertisement of immunity-boosting elements.

So, start your reading

Rajasri Ray